

North Summit Kick Off to Spring Tournament

North Summit High School

111 E.100 S.

Coalville, UT 84017

February 24th & 25th 2012

Pre-Registration ONLY: www.trackwrestling.com

(Must Pre-Register before 4:30 pm MST on Thursday 2/23/2012, You must also have a current USA Card)

Cost: \$12 per style With the 3rd style free.

Weigh-ins will be in remote locations and will be hosted by Chartered USA Clubs. Weigh-in sites will be posted in time.

We will be hosting a weigh-in at N. Summit Middle School in the wrestling room from 5:00 to 7:30pm.

Tournament Format: All USA Wrestling Utah tournaments (except State) will follow the Madison Block 4-man round robin. There will be no pre-determined weights. Wrestlers will be put into groups of 4 based upon their weight and division.

Each group will be assigned a mat for the tournament and wrestle each other until the bracket is complete. The brackets and mats will change for each of the styles.

We will also have staggered stats:

Tournament Schedule:

Friday:

5:30-5:45pm Coaches Meeting, Officials Meeting, & Rules Clinic

Session 1: 6:00-7:30 Greco: Fly, Bantam, Intermediate, Schoolboy

Session 2: 7:30-Conclusion Greco: Novice, Cadet, Jr. & Open

Saturday:

8:00-8:15am Coaches Meeting, Rules Clinic, & Officials Meeting

Session 3: 8:30-11:00am Freestyle/Folkstyle: Fly, Bantam, Intermediate, Schoolboy

Session 4: 11:00- Conclusion Freestyle/Folkstyle: Novice, Cadet, Jr. & Open

We will start Freestyle and go immediately into the Folkstyle in each of the sessions when mats open up so make sure you are there at the beginning of the appropriate session.

Match/Period Times:

Greco: Best 2 out of 3, two min periods, 30 sec. rest between periods, all ages

Free-style: Best 2 out of 3, two min periods, 30 sec. rest between periods, all ages

Folkstyle: Fly, Bantam, Intermediate 1-1-1, Novice and above 2-2-2.

10 min rest time between matches will be honored if requested

Remember: Red and Blue singlet, Head gear for all Fly-Schoolboy and wrestling shoes with laces taped or lace guard.

Food: Concessions will be available both days.

Tournament Directors:

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